

# I have a learning disability or I am autistic



- **This guide is really important during the COVID-19 pandemic**
- The Human Rights Act means that staff in the NHS must respect and protect my human rights when making decisions about my care even in the time of the COVID-19 pandemic.
- Decisions about treatment should be made on an individual basis and in consultation with families, taking into account my usual health. Decisions about my treatment and resuscitation should not be made based on my learning disability or autism or the Clinical Frailty Scale.
- All decisions must be made in accordance with the principles of the Mental Capacity Act.

**My name is:**

**I like to be called:**

**Date of birth:**

**My NHS Number is:**

**My next of kin/  
representative:**

**Their phone number:**

**I am able to indicate  
YES and NO to  
your questions by:**

**I have previously had the following  
breathing problems (asthma/  
history of infections, etc):**

**Any other things that may  
comprise my airway, e.g. past  
surgery:**

**What you need to know about my other past and current health (e.g. diabetes / epilepsy):**

**I usually take the following medication (include dose of tablets or liquid or any other way I take medicine):**

**This is the help I need to understand what is happening and the support I may need with any treatment:**

**Swallowing and oral care, including how I drink (e.g. small amounts or thickened or cooled, or any other way I need to take it):**

**No issues**       **Detail below**

**This is how people usually know if I am in pain:**

**If I'm worried or upset I may:**

**I communicate by:**

**My hearing and my eyesight (e.g. hearing aids, glasses or anything else I need to help me hear or see):**