



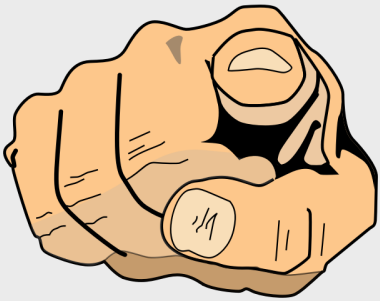
WHAT IS ADVOCACY?



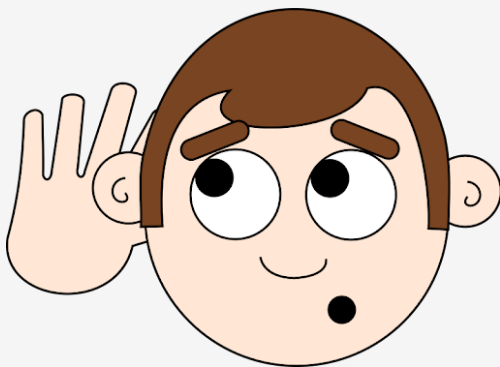
Easy Read, v.1

<http://www.sendiassrutland.org.uk>

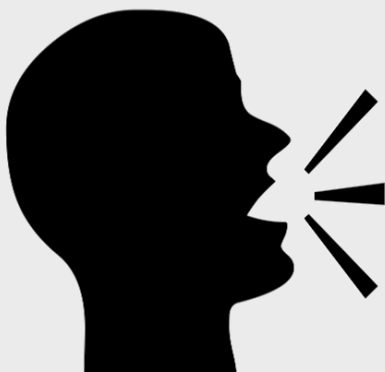
[What is Advocacy?]



Advocacy is about you.



Advocacy makes sure you are listened to.



Advocacy is about saying what you want.



Advocacy is getting help to speak up.



Advocacy helps you look at different options.

What does an Advocate do?



Listens to you and what you have to say.



Always stands beside you and takes your side.



Keeps your information private.



Finds out information so you can make choices.



Helps you to make your own decisions.



Helps you tell people like your family, friends and school staff what you want.

What does an Advocate do?



Helps you prepare for meetings.



Helps you make a complaint if you are unhappy with a service or the way you are treated.

How Do I Get Support?



Call SENDIASS Rutland
0797 701 5674

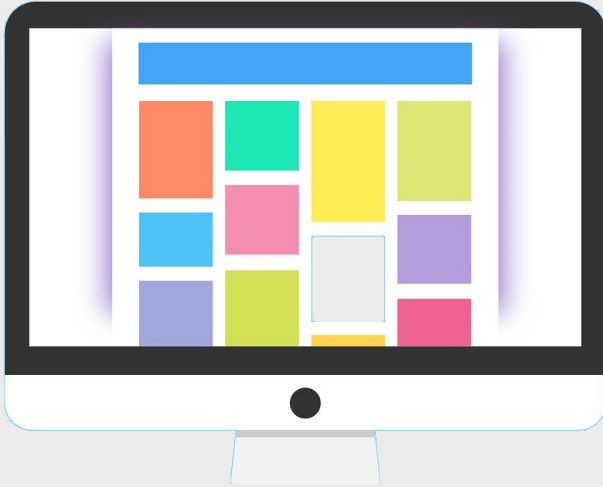


Email Nicola at SENDIASS Rutland:
info@cypadvocacy.org.uk



Message us on Facebook
[@SendiassRutland](#)
Direct Message us on Twitter
[@SendiassR](#)

How Do I Get Support?



Visit our website:

www.sendiassrutland.org.uk/advocacy



Ask your parent or a trusted adult to help you get in touch with us.

Contact SENDIASS Rutland if you are between the ages of 0 and 25 and you have a Special Educational Need or Disability (diagnosed **and** undiagnosed) to discuss advocacy. We can offer impartial help and advice to ensure that you receive the appropriate help and support.

Telephone: 07977 015 674

Email: info@cypadvocacy.org.uk

Facebook: SENDIASS Rutland

Twitter: @SendiassR